



MIND FORCE

Secrets

• ATTRACTION

• HYPNOSIS

• MEDITATION

• PSYCHIC ENERGY

Mind Force Syndicate

**“How To Beat a
Lie Detector Test”**

Does Polygraph Work?

“ Polygraph screening is completely without any theoretical foundation and has absolutely no validity...The diagnostic value of this type of testing is no more than that of astrology or tea leaf reading.” -
Former Special Agent for the FBI

Is it Accurate At All?

- They say it is 90% accurate, but it has never been truly validated in scientific trials.**
- It depends more on mind games and tricking the subject vs actual science.**

What Is Polygraph Testing?

Polygraph means “Many Graphs”. It measures:

- **Pulse (cardiograph)**
- **Blood Pressure (sphygmograph)**
- **The Sweat Response (galvanograph)**
- **Breathing (pneumograph)**

The Control Questions

- The questions are designed to get a baseline on you.
- Some think that by acting calm you will get the desired results, when in reality you should do the opposite.
- When asked simple control questions like “Are you sitting in a chair”, you should increase the response by:
 - Tensing you muscles
 - Doing mental processing (words, numbers, thoughts)
 - Think anxious thoughts
 - Or even pinching or biting your tongue

The Time Factor

- **Most Tests Take 2-3 Hours**
- **90 Minutes of Pretest Questions**
- **Your Legal Rights**
- **Discussion of “The Issue”**

The Ruse is The Polygraph

- Most people give up valuable information during the interview
- The examiner is a specialist at manipulating your thoughts
- They will cause you to be nervous then set you at ease, then do it over again.
- The key is to beat the examiner, not the Polygraph!

The Key To Beating The Test

- **Do not believe the test is real**
- **Some control questions are decoys, while others are designed to stir you.**
- **The key is to induce a state of panic or uneasiness with every question, including the control questions.**
- **The Polygraph can't detect real panic from fake panic.**

Conclusion

Like Any Skill, This
One Must Be
Rehearsed, and
Practiced- Good
Luck!